

## **CERTIFICATE**

## OF PARTICIPATION

This is to certify that

## Lourens Fick

Has successfully participated & completed the

65km Long Race Hazeldean Cowhouse Summer MTB Race

held at Cowhouse Market.

**TIME** 03:46:07

**PACE** 17.25km/h

GENDER 183 of

214

**OVERALL** 210 of 256

**MASTERS** 47 of 58

18 January 2020, Sat

Date



Signature

